12th Annual Symposium a Success

The Twelfth annual Emeritus College Symposium took place on Saturday, November 18th, in Old Main on the ASU Tempe campus. The theme, The Arts in a Stem World, provided the stimulus for fourteen individual presentations by EC faculty members, as well as two poster sessions and two excellent keynote talks.

Ruth Wylie, Assistant Director of the Center for Science and the Imagination, spoke on “How Storytelling can Change the World…Or at least Improve Education.” Wiley argued that powerful stories can be the building blocks for middle and high school students to examine and shape the future. She demonstrated this potential using examples from classic science fiction (Frankenstein), comic books and graphic novels, and movies (Minority Report). She shared some of the hands on and digital activities she and her colleagues have developed. These promote examinations and conversations about scientific creativity and social responsibility.

The afternoon postbanquet speaker, internationally known choreographer and educator Liz Lerman, is now a faculty member in the Herberger Institute for Design and the Arts. Her career has focused on the role of dance in contributing to better understanding the world. She gave several examples of her work, one of which involved genetics researchers and dancers. Their task was to picture or embody through dance biological processes under investigation, thus bringing the creative tools of dance to scientific inquiry.

Before Lerman’s afternoon address, attendees enjoyed a noon banquet and piano selections by Domenico Scarlatti (Sonata in A, Kirk. 209), Alexander Scriabin (Prelude in E minor, op.11. no.4) and Fritz Kreisler (Liebesleid [Love’s Sorrow]), performed by Stephen Siek, Emeritus College member and professional pianist.

Summaries of individual faculty presentations and photos from the Symposium appear on pages 6 and 7 of the newsletter. A mini-biography of Stephen Siek appears on p.4 of the newsletter.

Jacob Sahertian Awarded the Emeritus College Gray Mortarboard

The Emeritus College Council has selected Jacob Sahertian, Director of Academic Media at ASU’s VisLab, for the Emeritus College’s Gray Mortarboard Award, which was presented by Dean William Verdini at the Emeritus College Annual Symposium Banquet. Jacob Sahertian is an award-winning designer with over 20 years of experience in all aspects and levels of design. In presenting the award, Dean Verdini noted the following:

“When, a few years ago, it became apparent that the Emeritus College was not able to attract the fine undergraduate media talent that we previously hired to assist with document, website and publication production, the Provost offered as an alternative the services of Jacob Sahertian and his coworkers at VisLab, a graphic, video and web design studio serving the university community. The Provost’s office would pay for these services, in lieu of undergraduate employees in that area. Our skepticism at the time was obliterated by the immediate improvements and cooperative service VisLab, under Sahertian’s guidance, have provided. Jacob himself has been selfless in the time and attention he has devoted to our projects and administrative needs. He has been “Johnny on the spot” when it has come to unraveling knotty website management problems and the use of new software. He has assisted in solving design problems and worked on improving our publications with many of his own ideas.

Jacob Sahertian’s efforts on behalf of the Emeritus College more than amply qualify him for the College’s most prized award, as a non-member who has contributed materially to the College’s mission and goals. Thank you, Jacob.
Message from the Dean

It took until February to get a CHANGE of seasons this year. And if you haven’t noticed, Dana’s E-Cards now end with “BE the change.” I attended the 2017 Sun Bowl (see accompanying photo) when ASU was in the midst of a coaching change. Finally, speaking of change, EC is seeking a new Short Talks Luncheon Committee Chair to replace John Aguilar in this role. This is a volunteer position to take over the coordination of our Short Talks Luncheons at Friendship Village. John Aguilar has done a wonderful job over the last two years, succeeding Gary Kleemann. Both are willing to provide guidance to a willing volunteer.

Change, what a great topic! An enduring subject so the value of my comments won’t last either. ☺ After all, we all know that change is inevitable; inevitable, that is, except when you are expecting it from a vending machine.

Let me tell you a story about change that I heard in church. Before her wedding, a young bride got more and more nervous about the wedding ceremony so she went to see the minister. He reassured her by pointing out that the ceremony was quite simple. “You enter the church and walk up the AISLE. The groom will be waiting for you at the ALTAR. Everyone will then sing a HYMN to start the ceremony. Just remember the order and everything will be fine.”

On their wedding day, the bride remembered the order and arrived alongside the groom muttering to herself, AISLE, ALTAR, HYMN; AISLE, ALTAR, HYMN. The mother of the bride asked her husband, "What is she mumbling?" The father replied, “I think she is saying I’ll alter him.” To which the mother responded, "I hope her hopes aren’t pinned on that.

I haven’t been able to change you in 25 years.”

We have a love/hate relationship with change. Many management texts state that we resist and fear change—that we think something must be wrong or we wouldn’t have to change. At the same time, we miss change. People who move to Arizona miss the change of seasons. We even seek and impose change on ourselves when it is not necessary. We voluntarily change our fashions, our hair styles. After all, isn’t variety the spice of life? Perhaps what we really dislike is forced change. And it starts early in life. Remember our parents forcing us to change our underwear? And then of course there is the unstoppable “change of life” for all of us.

In any case, EMBRACING CHANGE is important because change is the only constant. EMBRACING CHANGE is the key to a successful future. This applies to the Emeritus College as well as to each of us. Any institution that is not moving forward is moving backward. So, how can we prepare for and embrace change? I have five suggestions:

1. Welcome change as a normal part of life. In change there is opportunity. Seize opportunities as they arise. Don’t wait for the future; take responsibility for your future and create it. It is not luck. William Bygrave said, “Luck is where preparation meets opportunity.”

2. Recognize the interdisciplinary nature of problems, processes and opportunities. Communications and other technologies have created a global society. Our existence depends on our understanding of the complex, tightly linked interrelationships that exist in the system.

3. Value diversity, left-center-right. There isn’t a person you will encounter from whom you cannot learn.

4. Practice thinking for yourself. Reflect on your experiences and understand how you best learn. How you learn is as important as what you learn. The U.S. philosopher Eric Hoffer said, “In a time of drastic change it is the learners who inherit the future. The learned usually find themselves equipped to live in a world that no longer exists.” (Eric Hoffer, Reflections on the Human Condition, 1973).

5. Believe in yourself. Setbacks are an important part of learning. We REALLY learn only from our failures. We often cannot tell we have done something correctly, but we certainly know when we have done something incorrectly. Besides, isn’t it those situations that were problematic that we best remember?

And remember, “Everything old, traditional, comfortable, good, and beautiful was once new, revolutionary, and annoying.”

(Carl Carlozzi, 01/26/02)

Kindest regards,

Bill
ly found his General in Grant, of whom he said “I can’t lose this man. He fights” (Flood, page 121). Grant had considerable big picture ability. Fellow General William Tecumseh Sherman noted: “Grant saw the War as a “strategic seamless web,” so he coordinated the armies under his command rather than letting each one fight alone. Grant and Sherman understood that the task was to defeat the South’s armies, not to take territory and cities, the goal of other Union generals. (One observes that the latter, European thinking persisted into WWII with the French Maginot Line.) Another factor: Grant had to win the war, Lee had only not to lose it. So, Sherman’s march to the sea through Georgia saved Lincoln’s re-election bid vs. McClellan, one of the defeated East generals. Grant took his political cues from Lincoln, and Lincoln took his military cues from Grant. Thus, at Appomattox Grant volunteered terms that were gracious, at the time, to Lee and the Confederates. When President Andrew Johnson attempted to try Lee and Confederate officers for treason, Grant, with his immense popularity, stopped him. After Appomattox, “for the remaining 5 years of Lee’s life, he never allowed a word against Ulysses S. Grant to be spoken in his presence” (Flood, page 313).

Chernow’s book represents Grant fairly in his Presidential role. His biggest contribution was Reconstruction, which he aimed to prevent the South from returning to its pre-War policies. Grant wanted free school education for all children: “the dividing line will not be Mason & Dixon’s, but between patriotism and intelligence on the one side and superstition, ambition and ignorance on the other” (Chernow, pages 811-812). One asks: How are we currently doing on this? Grant reduced the federal debt, which had ballooned 200-fold during the War. He stood for “hard” money and, in particular, he vetoed a bill to print more money to avoid a recession. (There was no Federal Reserve or the concept of “quantitative easing” at the time.) Grant himself thought his stand on federal money was his most important administrative accomplishment. Examples such as Germany’s Weimar regime in the 1920s illustrate what untrammeled inflation can lead to.

Two other major Grant accomplishments were his attempts to assimilate, rather than massacre, American Indians and his adroit handling of an American reparations claim against Great Britain for providing warships for the South, which paved the way to good Anglo-American collaborations that continue to the present day.

Why has Grant been considered a poor President by some? Brands writes that the South and the North “preferred the path of amnesia” (Brands, page 635). The South both disliked Reconstruction and wanted the Noble Cause and states’ rights to be the War’s cause. The Northern Republicans tired of the cause of African Americans’ civil rights and, also, “pushed aside Lincoln in favor of J.P. Morgan and company” (Brands, page 636). Civil rights for African Americans awaited Lyndon Johnson in 1964, some 80 years later.

Although he sometimes chose colleagues unwisely (it was the original Gilded Age, after all), his able Secretary of State, Hamilton Fish, said “I do not think it would have been possible for Grant to have told a lie, even if he had composed it and written it down” (Smith, page 592). Grant’s heroic last year, while dying of throat cancer, was devoted to writing his history of the Civil War for Samuel Clemens’ publishing company, in order to provide lifelong support for his wife, Julia. Grant’s phrase, “Let us have peace” (Smith, page 457) was his signature at Appomattox and as President. His passing was marked by eulogies from the Nation he re-united, both South and North, red, white and black.
Stephen Siek: Featured Pianist at the Annual Symposium

Stephen Siek

Associate Member of the Emeritus College, **Stephen Siek** is an internationally known concert pianist. He earned undergraduate and masters degrees in music from the University of Maryland and a PhD in Musicology from the Conservatory of Music at the University of Cincinnati. Stephen retired several years ago from Wittenberg University in Ohio, where he taught piano and music history. He moved to Arizona where his wife was already working, and he very much appreciates no longer being in a commuter marriage.

In addition to performing, Stephen has maintained a profile as a scholar. His most recent publication is titled *A Dictionary for the Modern Pianist*, a compendium of more than four hundred articles chronicling the history of piano music, with particular emphasis on the contributions and legacy of pianists of previous generations. He also is known for his scholarship on the music of post Revolutionary Philadelphia and for a biography of Tobias Matthay, a late nineteenth and twentieth century highly influential English piano teacher.

A member of the East Valley Music Teachers Association, it had long been a dream of Stephen’s to open a piano studio. That dream became a reality in the spring of 2017, when he opened the Siek Piano Studio ([http://www.pianosage.net/studio.html](http://www.pianosage.net/studio.html)). It is here that Siek both practices and teaches adult students of all ages and at many levels of advancement. Currently, one of his favorite students is a seventy-nine year old who plays in the lobby of the Mayo Clinic on Shea Boulevard two mornings a week. Stephen reports that this individual plays fabulous jazz and pop, mostly by ear. But he studied piano seriously years ago, and so has been bringing Stephen some challenging classical pieces he wants to learn. Stephen would be more than willing to take on Emeritus College members as students, and he is willing to negotiate an “ASU senior discount rate.” Stephen invites anyone interested in considering the study of piano to contact him at his studio, either by telephone or email, or with a personal visit.

Harmony Project Phoenix Collaborates on a Concert

Prepared by Jo Cleveland

On January 27, 2018 the ASU School of Music held a concert titled “Building Bridges through Music” at Grady Gammage Hall. The evening was a collaboration featuring the ASU Wind Orchestra, Harmony Project Phoenix, Niños de La Gualdalupana, Villa Del Campo (from Tijuana) and Brophy College Prep musicians. Each ensemble played independently, but the biggest excitement of the event came as children played with the ASU musicians. Members of the band had composed works specifically to feature child soloists accompanied by the band. Children also added their instruments to works performed by the ASU wind ensemble. It was heart-moving.

Harmony Project Phoenix is a non-profit organization that provides free musical instruments, lessons and performing experiences for 150 young people from low-income families. If you would like more information about this organization, please contact Jo Cleland at jvcleland@cox.net.

Celebrating Scholarships and Fellowships Sponsored by Emeritus Faculty

The fall volume of the Emeritus College Newsletter included an initial listing of ASU scholarships/fellowships funded by and/or named for emeritus faculty (including memorial scholarships). A request for additional scholarships was part of that listing, and several EC members responded. Their contributions are listed below. Send additional contributions to: sarahh@asu.edu.

- **Corbin-Pangrazi Scholarship**, for upperclass students pursuing careers in Exercise and Wellness
- **Pangrazi-Corbin Scholarship**, for upperclass students pursuing careers in Physical Education
- **Improving Physics & Chemistry Teachers Scholarships Endowment**, created by EC member Paul Jackson and Jane Jackson to support physics teachers in Arizona and nationwide who participate in the ASU Modeling Instruction Program in the Department of Physics
- **David Pheanis Scholarship**, for an undergraduate student from the donor’s alma mater McClain High School (Greenfield, Ohio) to study science, engineering or math
Emeritus Profile: Christine Marin

I was a lucky kid growing up on Euclid Avenue in Globe. The street, surrounded by mesquite-hued hills dotted with flimsy and very modest wood-frame houses was built on uneven terrain, a dirt street, with no sidewalks. It became an arroyo after a hard and fast rain. It was a United-Nations-kind-of-street. Italian, Anglo, Mexican American, African American, and a sprinkling of Serbian families lived on Euclid Avenue, a true multi-cultural and working class neighborhood, where copper miners and their families struggled to make ends meet.

Euclid Avenue also had its famous landmark: the Mulberry Tree, which taught kids growing-up lessons on bravery, courage, friendships and loyalties. A short walk from Euclid Avenue were other historic landmarks: Central School; School Hill Park; School Hill Park Swimming Pool; and the African American Methodist Episcopal Church. They became like second homes to kids like me, and we would spend hours there. I also learned about the bravery and sacrifices of Mexican American veterans from Euclid Avenue during the era of World War II. The street sent at least 37 Mexican American men to serve and protect their country, including my Dad, Lupe Trujillo Marin. Four of them were killed in action. Others returned to Globe with Bronze Stars, or Silver Stars, or CIBs (Combat Infantry badges), or commendation medals for bravery in action. I’d say that’s a fair amount of Americanism and patriotism for a street less than a mile long.

And Euclid Avenue became the home of the famous Mexican American/African American pseu-Boy Scouts club, “The Termites,” founded in 1948 by Benny and Gloria Guerrero because they were denied the opportunity to form a Boy Scouts of America club because the boys weren’t White. Over time, my older brothers and their Termites friends grew into honorable men, and became educators, engineers, coaches, entrepreneurs, teachers, attorneys, and professional football players. They volunteered countless hours to their Globe community in service projects and programs, and they raised money for scholarships for Globe High School students. And young Mexican American women of Euclid Avenue completed their high school educations, attended colleges and universities and earned degrees. They also attended business schools and nursing schools and beauty schools, and they were admired and respected for their skills and training and for their contributions to their beloved town of Globe.

Professor Emerita Christine Marin

He didn’t talk much about his military service, except to say how much he missed her, and that he hated war. He didn’t let me read the letters, but I understood their sentimental value and why he kept them: because of their power and the strength of the words, and because they told his story. No one had ever done that for him: told his story. And it was my mother’s horse-shoe-shaped magnet that taught me the importance of saving history and writing it. My grandmother gave it to my mother as a birthday gift so many years ago, and my mother cherished it. You see: her beloved mother died in childbirth when my mother was a five year old child. And my mother kept that magnet, wrapped in a handkerchief, and inside her purse. She took it out of the purse from time to time and looked at it and wrapped it up again in the handkerchief and returned it to her purse. I was a child, too; but I recognized that message behind her secret smile, and I knew what it meant: it was her saved history.

What became important in the lives of my Mexican American parents and families like mine and to us, their children, was their labor union: the International Union of Mine, Mill and Smelter Workers, later known as the AFL-CIO, and their Miami Local 586. Mining town kids like me learned the importance of labor unions and why the union worked to try and bring an end to the unjust and discriminatory ethnic and racial dual-wage system of work and pay: Anglo work, Mexican work; Anglo pay, Mexican pay in the copper mines where they worked (the Old Dominion Copper Mine in Globe; and the mines in Miami: the Miami Copper Company, the International Smelter & Refining Company, and the Inspiration Consolidated Copper Company). The union equalized wages, and brought an end to discriminatory treatment of Mexicans, Mexican Americans, and African Americans. Gone were the separate pay lines, separate shower facilities, and Anglo foremen working underground (continued on page 10)
Paul Burgess spoke on "Economics and the Demise of Performing Arts." Paul presented data that showed that the arts flourished in earlier centuries when overall productivity and worker pay were relatively low. Once productivity and real earnings skyrocketed, the performing arts inevitably suffered a decline. As the arts disappear, their costs increase substantially in real terms, or they survive with major donations. The education and health fields face similar problems.

JoAnn V. Cleland spoke on "Music and the Brain." Jo discussed the impact of music on the brain from prenatal to near-death lives. She presented the results of research as well as moving personal experiences illustrating the cognitive and social influences of music on the brain and general well-being.

Tony Gully’s talk, “An Oft-Repeated Populist Artistic Anti-War Paradigm,” began with a careful examination of Francisco Goya's well known painting "May 3rd 1808," which shows the execution of Spanish insurgents during the Napoleonic occupation of Spain. Gully then detailed that painting’s influence on several other painters throughout the following two centuries, who adopted the subject, more or less literally, in their anti-war works.

Charles Tichy titled his talk “Connecting Art and Science through Literature.” He worked from three novels, Welke Wank's *Chemistry, A Novel*, Alan Lightman's *Einstein Dreams*, and Mark Haddon's *The Curious Incident of the Dog in the Night-Time*, to demonstrate the influence of science and scientists on ordinary life, and the connections between the humanities and science.

In “The Noir Shift,” Charles Brownson proposed that, in the 1940s, detective fiction took a "noir shift," from knowledge as deductive reasoning to a darker, more emotional, mode. He then argued that this shift represented a shift in society in general, producing an enhanced skepticism of rational or scientific thinking.

Richard J. Jacob, “Eyes and Ears on the Universe.” Among the most spectacular observations of the modern age of physics and astronomy has been those of colliding black holes made through the medium of gravitational waves. In just the last several weeks, a cataclysmic collision of two neutron stars has been observed both by gravitational waves and several species of electromagnetic radiation. The presenter elucidated these events.

Beatrice Gordon, “Why is the Engineer Driving the Bus? Observations from a Utopian (2017) Tour of Cuba.” Babs gave a slide presentation of the 2017 ASU Alumni tour of Cuba, which was prearranged by the Cuban government to highlight the educational, cultural and social changes since the overthrow of Fulgencio Batista and the formation of a new government by Fidel Castro. She queried the extent to which this experience was based on fact.

Jay Braun, “Reflections in the Mind’s Eye of an Artist.” Jay proposed that artists may illustrate more insights into their creative processes than scientists do, although neither scientists nor artists would be able to state or explain what is going on inside their minds at the unfolding of their creativity. But artists have the ability to produce work that can provide insight into their processes. Braun showed the visual system areas of the brain, showed some of the painter Magritte’s work, and discussed other artists’ work.

In “Humanities and Art Partnerships in the ASU Emeritus College,” Don Nilsen, highlighting his work as...
Assistant Dean of the Emeritus College, discussed disciplines and areas in the EC that are part of the Humanities, such as writing and humor. He then shared some partnerships that are being nurtured, for example with Barrett Honors College, Osher, the Arizona Humanities Council, ASU-RA, the Emeritus College Art Project on ASU’s downtown campus and our Literary/Musicale afternoons.

Alleen Nilsen’s presentation was titled “How We Stumbled into the Humor Business and Bumped into the Funny Obituaries.” She traced the history of the International Society for Humor Studies (founded by the Nilsens) from its origins in April Fools’ Day Humor Conferences at ASU in the early 1980’s. She also shared humorous obituaries of celebrities such as Hugh Hefner, Zsa Zsa Gabor, Mary Tyler Moore, Arnold Palmer, Don Rickles, Andy Rooney, Gore Vidal, and Gene Wilder. For example, when someone asked Zsa Zsa Gabor why she had been married so many times, she is quoted as having said, “I don’t believe in living in sin, so I always got married.” This made it into her obituary.

Lou Ellen Finter posed the question: what would life be like in “A World Without Color or Sound?” She answered that while it is possible for humans to live without the arts, life is so much richer when they are included. She provided multiple examples of the intellectual, psychological, social and emotional impact of the arts on humans, and she engaged the audience in responding to her examples.

Aleksandra Gruzinska introduced the audience to “The Intriguing Madame de Sévigné (1626-1696).” She outlined this remarkable woman’s life in the court of Louis XIV, a life revealed in the more than thousand letters she wrote to her daughter and to friends. Published after her death, the letters document her love of nature and of traveling, as well as details about the loves, deaths, betrayals and sexual liaisons among members of the court of Louis XIV.

Kristin Valentine, “Madame de Sévigné’s Letters,” followed the presentation of de Sévigné’s life by reading five of her letters, translated by Aleksandra Gruzinska. Entertaining and informative, the letters included such topics as her son’s amorous fiascos, the execution of a woman who murdered her son, and activities, including poker, at the King’s court on a Saturday.

“Troubling Patterns in Older Occupant Protection in Cars.” Norma Farris Hubele’s poster highlighted important transportation system advances that have reduced roadway fatalities. However, crash statistics indicate that younger vehicle occupants have reaped more benefits than older persons. She raised questions regarding whether the new federal “Silver Car Rating System for Older Occupants” will affect a positive change in patterns.

“A New Program to Stimulate STEM Education and Links to Other Disciplines.” William Glaunsinger’s poster highlighted an opportunity for EC members to help sponsor STEM education through a new Science News in High Schools Program.
Finding the Healer Within: A Tai Chi and Qigong Practice

By Marina Stock McIsaac

After retiring from ASU in 2001, I spent 7 years traveling with my husband Bill for Fulbright Specialist Awards, contracts for workshops, and a one year contract at Aveiro University in Portugal. During that year, Bill, a pedestrian, was hit by a car. He suffered a traumatic brain injury and multiple fractures. He was not expected to live. We airlifted him back to St. Joe’s hospital where he spent 6 months in and out of rehab. That marked a change in our life as we knew it.

In 2012 we moved into Friendship Village Tempe, and my life changed again. Our living situation now allowed me to pursue interests that I had left “for later.” I was no longer interested in doing the same things I had done for 20+ years. I wanted to pursue new and more exciting interests. I was now looking forward to the adventure of learning something new, and I was becoming more interested in keeping myself active and well. I was ready for a transforming experience. Like most life transformations, this one developed from a latent interest in Chinese art, spiritual practices, and body wellness that I hadn’t been able to pursue during my academic career. That, combined with a fortuitous meeting with an excellent Tai Chi teacher when I moved into Friendship Village, became the catalyst for developing a new passion.

Tai Chi as we practice it in IIQTC (International Institute of Qigong and Tai Chi) is an ancient Chinese tradition of slow, precise movements, breath work, meditation, and self massage. It is based on the concept that there is powerful medicine that each of us can activate within ourselves as we combine the movements of Tai Chi with the energy work of Qigong. The series of movements have been practiced in China for hundreds of years. Studies by Harvard University and elsewhere have documented that Tai Chi is beneficial in releasing stress, reducing pain, lowering blood pressure, and providing therapeutic benefits to cancer survivors. Dr. Linda Larkey of ASU’s College of Nursing and Health Innovation, in collaboration with the Mayo Clinic, is using Tai Chi in her research examining mind-body methods of alleviating symptoms in cancer survivors.

Tai Chi is one of many forms of Qigong, a holistic approach to healing used in traditional Chinese medicine. In Chinese Taoist philosophy, Qi is life force, energy, or consciousness. Qigong is the energy work we do to cultivate Qi in our lives for healing. The movements of Tai Chi, together with the energy work of Qigong, are powerful practices that activate the healer within. I found that these two mind body practices calmed my mind and had great personal health and wellness rewards.

As I began the twice a week practice of Tai Chi, I discovered a new sense of calm through intentional breathing, better balance and meditation in the slow flowing movements, and a closer connection to my body. I learned to release tension in aching joints, to control anxiety and blood pressure, to rid my body of toxins, and to feel calm, relaxed and energized after practice. This was really fun! So I decided to take the next step and become certified as an IIQTC Tai Chi Easy Practice Leader (TCEPL). That gave me the practice and confidence I needed to share the healing practices I had learned with others. These practices can be done by all ages with all levels of physical ability. They benefit young and old, people with handicaps, assistive devices, and those in bed.

For the past two years I have been a Co-Coordinator and a Tai Chi Leader for a free Community Practice, Tai Chi Easy, at Clark Park in Tempe sponsored by Friendship Village of Tempe. I love living at a facility that believes in wellness and is willing to support this free community service. It is very rewarding to share a practice that makes people feel so good! At Clark Park we usually have 20-25 people each Saturday, Fall through Spring, who come to start their Saturdays with a healthy, relaxing and energizing practice. Some move on to shop at the Clark Park Farmer’s Market afterwards.

After 5 years of Tai Chi, and becoming a certified Tai Chi Easy Practice Leader, I can truly say that the experience has been transformative. What a joy it is to share such a healthy, relaxing and meditative practice. Imagine, teaching a practice from which you get back more energy than you started with! Consider joining us next Fall when the weather begins to cool. Join us in Tai Chi and find out more about your Healer Within!
The Fall Lit/Mus took place on December 11, 2017. Colleagues gathered in a new venue, the University Club lounge, where refreshments were available before and during the performances. The table arrangement seemed to encourage conversations between colleagues.

Most of the presentations this time were literary, rather than musical, both poetry and prose. Our poets, Frances New, Babs Gordon and Gus Edwards shared poems both humorous and poignant on topics such as cultures, places and challenges in life. Winifred Walsh Donan’s memoir took us back in time, as did Scott Norton’s sharing of anecdotes from a high school reunion newsletter. Ed Stump’s and Shannon Perry’s pieces came alive as they included slides of places as diverse as Patagonia, Argentina and Antarctica. Don Nilsen and Alleen Nilsen shared some recent work on humor, and Charles Brownson imagined a conversation at the sacking of Troy featuring the Trojan queen Hecuba.

Musicians Jo Cleland, on the cello, and Irene Tseng, on the piano, provided lovely performances, and Carl Cross, with Jo Cleland accompanying on piano, concluded the program by leading us in singing “By the Light of the Silvery Moon” and “Chestnuts Roasting on an Open Fire,” in anticipation of the holidays.

The Spring Literary/Musicale will be held in late April or early May. All are invited to attend and/or to share their work. Please watch for E-Cards with more information.

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KAFKAESQUE
By Don Sharpes

Disinterested time interrupted the present
And held the future in abeyance . . .
I stood at the unguarded iron gate,
The way back littered with some of my
Misgivings strewn about.

The way forward forbidding,
A darkened path without markers,
No horizon, sentries, tour guides,
Cheerleaders, jesters, puppeteers,
Passengers waiting for mobile traffic.

Where were the others—pilgrims,
Immigrants without visas, hugging
Children without souls, belongings,
All searching for un-built shelters?
Alone with risk I hesitated, drew breath,
Trembled a little, tried not to feed fear,
Evoke terror of the void, shrunk summers,
As Earth—always right, never denied—
Awaited to claim me for return into its Being,
An abyss of freedom without boundaries . . .

And yet, as when the unknown blurs vision,
Turns hope to despair in a timeless
Region of everlasting quiet, I waited,
Crouched alone at the scruff of the lane
Just inside the portentous gate.
Faculty Notes


William Glaunsinger served as a science consultant for the production of the documentary Inventing Tomorrow, which was one of the most highly rated films at the 2108 Sundance Film Festival. He is also coordinating the third annual Emeritus College AZ-IS- EF Preparatory Program to be held on April 21, 2018 at the Arizona Science Center.

John Risseeuw received the Distinguished Career Award from the College Book Art Association at a ceremony in Philadelphia on Saturday, January 6, 2018 at the biannual conference. Professor Risseeuw helped found the organization and was the first President from 2008-2011.

Eric vanSonnenberg has been selected to receive the 2018 Distinguished Alumni Award, from the University of Cincinnati College of Medicine. He also has received the Robert & Ethel MacPherson Scholarship at Phoenix Seminary for 2018, and he was named to the Dean’s List at Phoenix Seminary, 2018.

Recent Faculty Publications

Corbin, C.B., LeMasurier, G. C. & Lambdin, D. D. 2018. Fitness for Life: Middle School (2nd ed): Champaign, IL: Human Kinetics. This is the second edition of a text that earned the Textbook Excellence Award of the Text and Academic Authors Association. The print text is accompanied by an Interactive Web Text that has embedded video, audio vocabulary, activity challenges, and digital portfolios resources.


I worked as Archivist, with Bill Axford, University Library Director, and Professor Manuel Patricio Servin, History Department, and Mexican American staff and students to organize, create, and direct the Chicano/a Studies Collection at the Hayden Library, now known as the prestigious Chicano/a Research Collection and Archives. I research, write and publish articles on the civil rights struggles and history of racial and ethnic groups in Arizona’s history. It’s my responsibility.

Loprinzi, P, Cardinal, B. J., Cardinal, M. \& \textcolor{red}{Corbin, C. B.} 2017. “Physical Education and Sport: Does Participation Relate to Physical Activity Patterns, Observed Fitness, and Personal Attitudes and Beliefs?” \textit{American Journal of Health Promotion}. Published online on March 20. DOI: https://doi.org/10.1177/0890171717698088


“Virtual and Augmented Reality Technologies Applications in Health, Medicine, and Wellness,” Panel session with Tereza Nemessanyi (Microsoft), Aaron Oliker (Biodigital), and Jeremy Rowe (NSF NYU Holodeck), NYC Media Lab Third Annual Exploring Future Reality conference, New York City November 30, 2017.


(continued from page 5)
Letters to the Editor

November 20, 2017
Greetings, Bill,

As usual, the subjects covered in the Annual Symposium sessions sounded interesting, and I was forced to make difficult decisions on which ones to attend. I did enjoy those that I chose.

But, I doubt that I will attend another symposium if it is held in Old Main! I understand the economics of holding it there – “free” vs. MU’s outlandish charges. But the acoustics are impossible! I’m not the only one to remark that we had extreme difficulty hearing the presentations in the ballroom. The ballroom serves well only for the musical interludes.

Because of cost factors, we may need to rethink the idea of a Symposium such as we’ve had for several years. A new format? A different venue? Even the small conference rooms have poor acoustics – and with no microphone I couldn’t easily hear most of the speakers. The small rooms were better than the ballroom, but still not “easy.”

EC publications may be the best way for us to share information with fellow retirees, but I truly enjoy the social experience – seeing friends again and making new acquaintances. How to do both well? It’s a challenge. I wish I could offer a solution.

Thanks for all the good work you do in promoting our College. It is very much appreciated.

Marilyn Wurzburger

Emeritus Artist Celebration

In previous volumes (Summer and Fall 2016) this newsletter chronicled the development of the Emeritus Art Gallery at the university’s downtown campus. The gallery began in 2007 as a collaboration between the then College of Public Programs and the Emeritus College, under the leadership of the late Dean of Public Programs Debra Friedman and the founding dean of the Emeritus College, Richard Jacob. Beginning with sixty works of art created by emeritus faculty, the collection has grown to an installation of almost three hundred pieces, created by both professional and avocational artists.

On February 2 the College of Public Service and Community Solutions, in cooperation with the Emeritus College, sponsored an Emeritus Artist Celebration at the Morrison Institute, University Center, ASU Downtown Campus.

Jonathon Koppell, Dean of the College of Public Service and Community Solutions, welcomed the artists and guests to the reception. He related briefly the history of the Gallery and invited everyone to take time to visit all of the art on the 4th through 8th floors of the building.

The art of Marie Provine received special recognition at this reception. Provine, formerly Director of the School of Justice Studies (now the School of Social Transformation), is the newest artist and the first woman artist to be a member of the downtown Emeritus Art Gallery. She displayed four of her paintings. Several other Emeritus College artists also attended the reception and showed some of their work.

One of Marie Provine’s paintings

Emeritus Artists Charles Brownson, John Aguilar, James Pile and Marie Provine

Editor’s Note

Many thanks to: EC members who contributed to this volume; to Don Nilsen for his photography; and to David Kiersh of Vis-Lab for his formatting.

Mailbox

Letters to the Editor and opinions may be sent to Sarah Hudelson at sarahh@asu.edu or c/o

The Emeritus College, PO Box 873002, Tempe, AZ 85287-3002.
Mission of The Emeritus College
The purpose of the Emeritus College is to give a home and a focus to continued intellectual, creative and social engagement of retired faculty with the University. The Emeritus College fosters and promotes the scholarly and creative lives of its members, prolonging fruitful engagement with and service to the University and community. The Emeritus College provides the University a continued association with productive scientists, scholars and artists who have retired from their faculty positions but not from their disciplines.

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Editor: Sarah Hudelson

The Emeritus College at Arizona State University

Dean – William A. Verdini (Supply Chain Management)

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Website Address: [http://emerituscollege.asu.edu](http://emerituscollege.asu.edu)
Telephone: 480-965-0002
Fax: 480-727-3324